



Confidentiality

Is good practice to keep any information shared as a peer supporter confidential, unless permission is granted to share.

When to break confidentiality?

It is ethically responsible to break confidentiality in the following circumstances:

If an individual is 16 years of age and under and is at risk of being harmed, call:

Kids Help Phone
1-800-668-6868
www.kidshelpphone.ca

If there is a serious possibility that an individual may harm themselves or others, call 911 or:

Halifax Mental Health Mobile Crisis Team
902-429-8167 or 1-888-429-8167

Note: It is up to you to discern the seriousness of the situation. Prior to breaking confidentiality, have a conversation about the sensitive circumstance and inform the individual of any actions you plan to take. Make sure you have exhausted all efforts to maintain their autonomy.