



Windsor ~ West Hants

WHERE DO YOU GET HELP IN OUR COMMUNITY?

Updated November 2010

<p style="text-align: center;"><u>Community News</u></p> <p>Community Resource Line: 792-2272 Hants County website: www.hantscounty.com Magic 94.9: 798-2111 website: www.magic949.ca The Hants Journal: 798-8371 website: www.novanewsnow.com</p>	<p style="text-align: center;"><u>Emergency</u></p> <p>Ambulance/Fire/Police: 911 Forest Fire: 1-800-565-2224 Hospital (Emergency): 792-2055 Poison Control: 1-800-565-8161 West Hants Ground Search & Rescue: 684-3410, 684-9682, 684-9422</p>
<p style="text-align: center;"><u>Drop-In Centres</u></p> <p>Harvest House (Windsor): 798-0662 Windsor Baptist Church (FREE lunch Thursday): 798-2465</p>	<p style="text-align: center;"><u>Employment/Financial Assistance</u></p> <p>Dept of Community Services: 798-8319 Employment Office: 798-1819 Job Bank: 1-800-827-0271 website: www.jobbank.ca Job Resource Centre (assistance with resume, job preparedness, etc) 798-5627</p>
<p style="text-align: center;"><u>Education</u></p> <p>Annapolis Valley Regional School Board: 1-800-850-3887 Computer Literacy on the Move: 798-0729 Hants Learning Network Association: 798-6754 New Boundaries (vocational centre for people who are mentally challenged): 798-5160 Windsor Adult High School (provides high school credits to students 18 years and older ~ FREE tuition): 792-6751 Windsor Regional Library: 798-5424</p>	<p style="text-align: center;"><u>Family Resources</u></p> <p>Family & Children's Services: 798-2289 Family Resource Centre: 798-5961 Hantsport Food Bank: 684-3563 Hants Shore Community Health Centre: 633-2110 Home of the Guardian Angel (providing adoption placement & other options): 1-902-422-7964 Windsor & District Food Bank/Matthew 25: 798-4313</p>
<p style="text-align: center;"><u>Health</u></p> <p>Addiction Prevention & Treatment Services for Adults: 1-866-340-6700 Allergy & Environment Health Association: 798-4985 Arthritis Society: 1-800-321-1433 Brain Injury Association: Jake MacDonald – 542-4289 Capital District Health Authority website: www.cdha.nshealth.ca Choices (Addiction Prevention & Treatment Services for Youth): 1-902-470-6300, Toll Free (Mon-Fri 8.30-4.30) 1-888-830-9595 Hants Youth Health & Resource Centre: 792-2124 Nova Scotia Health Network website: www.nshealthnetwork.ca Nova Scotia Hearing & Speech Centre: 792-2084 Poison Control Helpline: 1-800-565-8161 Public Health Services: 798-2264 The Red Door (sexual health, pregnancy, testing & counseling for youth): 679-1411 VON: 798-5355 West Hants Community Health Board: 798-2210 West Hants Community Mental Health: 792-2042</p>	<p style="text-align: center;"><u>Housing</u></p> <p>Annapolis Valley Housing Authority: 1-800-441-0447 Dept of Community Services (Housing Services Division): 1-800-774-5130</p> <p style="text-align: center;"><u>Non-Emergency Numbers</u></p> <p>Ambulance Transfer: 1-888-346-9999 Brooklyn Fire Hall: 757-2043 RCMP (after hours): 1-800-803-7267 RCMP (Rural): 798-2207 RCMP (Town) 798-8366 Windsor Fire Dept: 798-2121</p>

<p style="text-align: center;"><u>Hospital</u></p> <p>Switchboard (connecting all Departments): 792-2000 Addictions Prevention & Treatment Services: 792-2021 Ambulatory Care: 792-2034 Diabetes Centre: 792-2052 Palliative Care: 792-2255 Patient Telephones: 798-5751 Social Worker: 792-2082 Volunteer Services: 792-2250 West Hants Community Health Board: 792-2210 West Hants Community Mental Health: 792-2042</p>	<p style="text-align: center;"><u>Municipal Government</u></p> <p>Hantsport Town Office: 684-3211 West Hants Municipal Office: 798-8391 Windsor Town Office: 798-2275</p>
<p style="text-align: center;"><u>Recreation</u></p> <p>Alan Mumford Fitness Studio: 792-1026 Community Inclusion Coordinator (Tess Warner): 798-2988 Website: ts470165@dal.ca Curves for Women: 798-0055 Locker Room Health & Fitness Club: 798-8220 Town of Hantsport Recreation Dept: 684-3211, 684-3200 Town of Windsor Recreation Dept: 798-0696 Municipality of the District of West Hants Recreation Dept: 798-6938</p>	<p style="text-align: center;"><u>Support & Self-Help Groups</u></p> <p>Alcoholics Anonymous: 798-2839, 757-2625 Breast Cancer Support Group (Delores Smiley): 792-2683 Community Resource Line: 792-2272 Healing After Loss Support Group (Gary Connelly): 681-0715 Heart & Stroke (Robert Blanchard): 798-2993 Help Navigating Government, Health Systems & Forms (Angus Riley): 798-8494 website: angusg@eastlink.ca La Leche League Canada: 1-800-665-4324 Mental Health Mobile Crisis: 1-888-429-8167 Peace Makers (conflict, resolution facilitator): 542-7718 Parents, Family, Gay, Lesbian, Transexual Support Group: 798-2049 Self Help Connection: 1-866-765-6639 S.O.A.R. (Survivors of Abuse Recovering): 542-1363 Valley Pastoral Counseling Services: 542-1027 Windsor People First (Ann-Marie Dorey) (advocacy group for people with disabilities): 798-0747</p>
<p style="text-align: center;"><u>Shelters</u></p> <p>Bryony House (for abused women & children): Halifax (Office): 1-902-423-7183 Crisis Line (24 hour/day): 1-902-422-7650 Chrysalis House (for abused women & children) Kentville: 1-800-264-8682, 1-902-679-1922 Emergency Teen Shelter (13-30 years) 678-2323 Metro Turning Point Shelter for Men: 1-902-420-3282 Phoenix House for Youth (16-24 years): 1-902-422-5583 Phoenix Shelter: 1-902-446-4663</p>	<p style="text-align: center;"><u>Transportation</u></p> <p>Care-a-Van (non-emergency w/c transportation with medical support as needed): 1-888-331-1777, 365-3330 Donnie's Taxi: 798-5456, 798-2062 Kings Transit: 1-902-678-7310 West Hants Dial-a-Ride, Community & Accessible Transportation: 792-1800, 1-800-305-7433</p>



To submit an update to this Directory please call the Community Resource Line at 792-2272 and leave a message.

For more information:

Refer to the 2008-2009 Resource Directory for the Residents of West Hants, prepared by the West Hants Community Health Board (Tele 798-2210)