Clayton Park/Fairview Area Helping Tree

Capital Health

Bayers Road Community Mental Health

HealthLink (Health Information) Call 811

Emergency Call 911

Housing
Nursing Homes-----1-800-225-7225
Seniors Housing----------420-6000

Support Groups
A.A.---------- 461-1119
Al-Ateen----------466-7077
Al-Anon----------466-7077
Narcotics Anonymous----------454-2913
The Problem Gambling Help Line---------
----------1-888-347-8888

Seniors Programs & Information
Chebucto Links----------422-3525
Adult Day Prog----------454-7373
Seniors Information Line-424-0561

Meals on Wheels---------429-4299

Residential

Women
Marguerite Centre----------876-0006

Men
Alcare Place----------423-9565
Salvation Army Addic & Rehab----------
----------422-2363

Pharmacare----------429-6565

Access-A-Bus----------490-6999

Home Care Support
Home Care----------
----------1-800-225-7225
Seniors Info Line/VON----------
----------454-5755

Seniors Mental Health ----------
----------473-7799

Seniors Support Services Info------
---------- 424-0065

Treatment Services
Addiction Prevention & Treatment
Services (Ages 19+)----------424-8866
CHOICES (Ages 13-19)----------
----------491-2401
Direction 180----------420-0566
Mainline Needle Ex ----------423-9991
Smokers Help Line----------
----------1-877-513-5333

Grief Support Groups
Adolescent Support Group------470-8942
Bereaved Parent Support Group----------
----------470-8167
IWK Preg & Newborn Loss-----470-8149
Palliative Care Bereavement---464-3306
Widowed in Self Help----------443-1486
Survivors of Suicide----------445-0860

Community Churches
Alive Christian Church----------443-4700
Calvary Tabennacle Pentecostel---
----------443-4588
Church of Scientology----------444-3790
Fairview United----------443-7123
Grace Chapel (Baptist)----------445-2711
Halifax Christian Church--------445-4318
Salvation Army Church----------443-3844
Sheffield Baptist Chruch--------443-5086
St. Benedicts Parish (RC)------443-0725
St. Mena Coptic Orthodox---445-5884

Literacy
Literacy for Children, Youth &
Adults----------494-7003

After School Program
Excel Programs----------
----------464-2000, ext 2787
Boys & Girls Club --------477-0436
Y-PhD Programs----------
----------422-9622, ext 226

Child Pharmcare----------
----------1-866-424-1269
Family Pharmacare----------
----------496-5667
Public Health----------481-5800

Family Resources
Fairview Family Resource
Centre----------443-9569
Family SOS----------455-5515
Keshen Goodman Public Library -
----------490-5738

Emergency Services
IWK ----------470-8050
Mobile Crisis Intervention----------
----------429-8167
QEII----------473-2043

Programs
Canadian Mental Health Association--
----------455-5445
CMHA Sharing & Caring Social Club--
----------455-0072
Recreation----------477-7665
Connections Clubhouse----------
----------473-8692
Empowerment Connection----
----------404-3445
Healthy Minds Co-op----------404-3504
Laing House----------425-9018
Phoenix Prevention Program----------
----------444-3400
Self Help Connection----------466-2011

Navigation
Healthy Minds Co-op--------404-3504

Counselling
Mental Health (Ages 19+)----------
----------454-1400
Mental Health (Ages 0-19)----------
----------464-4110
Family Serv. Assoc---------420-1980

Someone to Listen
Bullying HelpLine----------490-7283
Help Line (all ages)----------421-1188
Kids Help Phone----------
----------1-800-668-6868
Youth Health Centre, Halifax West------
----------457-8900, ext 5601280

Child Development
Progress Centre for Early
Intervention----------423-2686

Pregnancy & Newborn
Doula Program----------479-0508
IWK HealthCentre----------470-8888
Public Heath Services------481-5800
Fairview Family Resource Centre----
----------443-9569
Youth Health Centre, Halifax West--
----------457-8900, ext 5601280

Birth Control
Halifax Sexual Health Centre---------
----------455-9656
Youth Health Centre, Halifax West---
----------457-8900, ext 5601280

Sexually Transmitted Infections
STD Clinic----------473-2272
AIDS Coalition of NS--------425-4882

Sexuality
Halifax Sexual Health Centre---------
----------455-9656
IWK Mental Health----------464-4110
Youth Health Centre, Halifax West---
----------457-8900, ext 5601280
Lesbian Gay & Bisexual Youth
Project----------429-5429
PrideHealth----------220-0643

Dental Clinic
Dal Dental ----------494-2101

Physicians
Clayton Park Medical Walk-In Clinic-
----------445-9600
Family Focus Walk-In Clinic----------
----------420-6000
Park West Medical Walk-In Clinic-----
----------457-4499
Physicians Accepting New Patients--
----------424-3047

Emergency
IWK ----------470-8050
QEII----------473-2043

Courts
Halifax Provincial---------424-8718
Halifax Prov.(Youth)------424-8718
Family----------424-3990
Probate----------424-7422
Small Claims----------424-8722
Supreme Court----------424-4900

Supports
Coverdale Centre---------422-8417
Elizabeth Fry Society-----454-5041
John Howard Society-----429-6429

NS Human Rights Commission-----
----------424-4111

Police
Non-Emergency ---------490-5016

RCMP
Non-Emergency---------244-7208

Legal Aid
Dalhousie----------423-8105
Nova Scotia----------420-6583

Legal Information
Dial-A-Law----------420-1888
Legal Information Society of NS----
----------454-2198
Reachabiliy----------429-5878

Rape & Sexual Assault
IWK Emergency----------470-8050
QEII Emergency---------473-2043
Avalon SANE Response Line-----
----------425-0122

Victim
Avalon Sexual Assault Centre-----
----------422-4240
L.O.V.E.----------429-6616
Victim's Services-------- 490-5300

Safe Housing
Bryony House (shelter)-423-7183

Abuse
Children's Aid Society---425-5420
Reporting Child Abuse--425-5420

Adult Protection (DCS)--424-5074

Furniture Banks
Hand in Hand----------477-1954
Parker St Furniture Bank-- 453-4886

Food Banks
Halifax West Ecumenical---443-1776
Bayers Westwood Residence
Association-----3995 McPine Avenue
Street Connection----------826-1100

Clothes Banks
Dress for Success (Women only)-
----------493-7377
Salvation Army----------422-1598
Hand in Hand----------477-1954
Brunswick Street United Church--
----------423-4605

Emergency Shelters for Youth (16-24)
Phoenix Shelter---------446-4663

Emergency Shelter For Women
Adsum House----------429-4443
Barry House----------422-8324

Emergency Shelter for Men
Metro Turning Point-----420-3282
Salvation Army----------422-2363

Housing
Tenancy Board----------424-5200
Habitat for Humanity-----464-0274
Metro Regional Housing Authority
----------420-6000

Heat
Good Neighbor Energy Fund
----------422-3435

Bankruptcy & Debt
Credit Counseling Services for
Atlantic --------1-888-753-2227
Debtor Assistance Program-----
----------424-5200

NS Student Loan Assistance-----
----424-8420

Income Assistance
Canada Pension Plan----------
----------1-800-277-9914
DCS / Income Asst.----424-4150

Employment Insurance----------
----------1-800-206-7218

Immigrants
ISIS----------423-3607
Salvation Army Refugee &
Immigrant Services-----477-5393
YMCA Centre for Immigrant
Programs----------457-9622

Youth Employment
Halifax Service Canada Ctr for
Youth ----------426-5269
Phoenix Learning & Employment
Ctr----------431-9111
Youth Employment Project--------
----------482-6425
Youth Live----------490-5589

Adult Employment
DCS Emp Supp Cntre----------
----------424-1980
Hfx Ser Canada----------
----------1 800 622-6232
Womens Employment
Outreach----------
----------422-8023

Disabled
New Leaf Enterprises---455-9044
Teamworks----------422-8900
The Work Bridge--------422-8900
LakeCity Employment Services -
----------465-5000
Reachability----------429-5878

ADDICTION TO ALCOHOL, OTHER DRUGS, GAMBLING	SENIORS	GRIEF	HELP FOR FAMILIES	MENTAL HEALTH AND/OR SUICIDE SOMEONE TO LISTEN	BIRTH CONTROL, STI'S, HIV, SEXUALITY, PREGNANCY & INFANT CARE PHYSICAL HEALTH	LEGAL PROBLEMS	VIOLENCE & SEXUAL ASSUALT	HOMELESSNESS / HOUSING	FINANCIAL	EMPLOYMENT AND/OR CAREER

The Clayton Park/Fairview Area Helping Tree was adapted from the PEI Helping Tree. It is for informational purposes only.

YOU START HERE

Legend
DCS-Dept. of Community Services
Add. – Addictions
Supp. – Support
Avalon SANE – Sexual Assault Nurse Examiner Program
Youth Health Centre, Halifax West – Please note that these services are for their students only.

Revised November 2012

Data compiled by Bayers Road Community Mental Health in conjunction with Healthy Minds Cooperative, Public Health and Chebucto West Community Health Board. For revisions and updates, please call 454-1403.